



Professional Profile of **Kristine A. King**

kris@wings-seminars.com 800.697.0040

For over 20 years Kris King has been a leader in the Personal, Professional, and Organizational Development field with responsibility for Keynote and Inspirational Speaking, Team Cohesion Building, and Leadership Training/Coaching.

As owner and CEO of Wings Seminars, she has led her team in consistently achieving an impressive 97% “excellent to superb” quality rating by the over 20,000 participants who have attended Wings Seminars. Her company also retains a 90+% referral rate. Kris walks her talk and she gets results.

As a uniquely graceful, authentic, and inquiring change orchestrator who has helped launch the careers of leaders in the field of Transformational Education, she has facilitated thousands to live expansively, achieve their goals and become exceptional leaders in their personal and professional lives. A client relates, *“Kris possesses a gift of the most balanced mix of intelligence, perception, spirituality and honesty, accompanied by an ability to rapidly collate information and respond in a cogent, individual fashion.”*

Her outstanding ability to connect with a diverse cross-section of individuals and audiences has created an impressive resume of expertise and depth.

AREAS OF EXPERTISE

Team Development/ Cohesion building	Management/ Process Consulting
Executive/Leadership Coaching	Storytelling/Humor/Dramatic Arts
Organizational Development	Community/ Culture Building
Leadership Training	Learning/Communication Style Assessment
Conflict Management/Mediation	Training program design/development
Structural Dynamics Analysis	Performance Evaluation
Presentation and Group Facilitation	Strategic Change Planning
Authentic/Effective Communication	Mind-Body Wellness
Cross-Cultural Communication	Relaxation/ Meditation Techniques
Strategic Business Planning	Project Planning/ Management
Employee Selection/ Supervision	Sales/Marketing Planning
Executive/Employee Development Training	Inspirational Keynote Speaker

CONTRIBUTIONS INCLUDE

- Development of nine leading edge seminars designed to produce lasting quality of life changes and a myriad of corporate development trainings.
- Playing a key role in launching the careers of leaders in the Change Facilitation field and more than five published authors.
- Providing consultation services and seminars to large organizations, leading to immediate positive results in profitability and staff turnover reduction.

EDUCATION AND TRAINING

B.A. (Equivalent): More than four years of combined undergraduate and graduate level education: Health Sciences, Duke University School of Nursing; Communication Theory, Koyen and Associates, Eugene, OR; and Organizational/Individual Development, The Leadership Institute in Seattle, WA.

Certified Neuro-Linguistic Programming practitioner, trained through Grinder, DeLozier & Associates one-year training program.

Continuing Education: 300+ hours of college courses, workshops, seminars and training programs led by Ron Short, Sue Miller-Hurst, Harville Hendrix and Robert Fritz in the areas of: Advanced communication, structural consulting, leadership, mind-body wellness, couples counseling, and assessment and interviewing skills.

EXPERIENCE

President/Lead Facilitator: Innovative Learning Group/Wings Seminars, Eugene, OR (1992-present)-Assisting individuals and organizations to identify and overcome limiting beliefs, structures, behaviors and patterns in order to accomplish their goals. Facilitating strategic growth, transformation and organizational planning process. Designing and implementing comprehensive one to two yearlong leadership training programs for up to 35 people. Creating and delivering customized staff training and team development services for various organizations. Overseeing all aspects of business planning, marketing, operations and human resources. Training and supervising seven seminar facilitators, administrative and sales staff members. Establishing and upholding professional training, ethical client relationship, and quality assurance standards for all services, programs and employees.

Business Director/Equity partner/Lead Facilitator, Wings Enterprises, Eugene, OR (1984- 1986)- Formulated and executed business, strategic, and program plans for a company offering professional, organizational, and personal growth/communication seminars throughout the United States and abroad. Established learning objectives for designing and modifying seminars. Set quality, ethical and services standards for business and programs. Recruited and selected staff. Created promotional and educational materials. Successfully launched the first-of-its-kind beginning and advanced teen seminars in the country.

Training Facilitator/Enrollment Coordinator, Koyen & Associates, Eugene, OR (1981-1983)- Contributed to design and delivery of high quality training workshops as an apprentice facilitator. Promoted and sold these services to prospective and existing clients. Interviewed clients to identify goals and recommend appropriate services. Used effective interpersonal communication skills to identify and meet customer needs.

Accomplishments include: Created a three-day training program for public schools; responsible for reducing the dropout rate and increasing academic performance. Provided consultation and seminars services to large businesses, leading to a 40% increase in annual profitability for a manufacturer, and a nine-fold increase in staff retention for a health care organization.

SAMPLES OF ORGANIZATIONAL WORK:

Structure of Authentic Leadership

Managing Change in the Workplace

Leadership, Team Building and Effective
Communication

Vision, Values, Structure and
Team Building

Conflict Management and Intervention

Staff Development and Training

Creating a High Performance Culture

CLIENTS:

University of Washington
King County Prosecuting Attorneys
USDA Forest Service, many regions
Kaiser Permanente Physicians
Snahomish Family Services

US Fish and Wildlife
USDA Forest Service
Provinsfem Consultants, Stockholm

Dept of Veterans Affairs Supervisors
and Managers
USDA Forest Service Engineers
Blaine County School District, ID

Phoenix School

Cascade Surgical Oncology
Quote Software

Hewlett Packard
USDA Forest Service, many regions
Therapy Solutions

SOHPEC (Southern Oregon High
Performance Enterprise Consortium)

SAMPLES OF KEYNOTES:

Staying Healthy in Times of Change | Vision Based Living | Stepping Into Personal Authority |
Lessons from the Past | Keys to the Future | The Power of Positive Intention | Improving Internal
Dialogue...Healthy Self Talk | Creating Lasting Change | They're Mad...Now What Do I Do? |
The Future Isn't What it Used to Be

REFERENCES FOR KRISTINE KING

Upon Request